



Social Inclusion

WORKSHOP / LECTURE

Migration is and has been the natural human behavior throughout the ages. These days, mobility has increased significantly, resulting in highly heterogenic societies. To overcome differences, promote tolerance and benefit from this diversity is the goal of the workshop.

Within our workshop, we will learn to identify those commonalities and differences in our country. Instead of creating opposition, ethnic, cultural, social, educational or philosophical in nature, contrasts can be approached in a sensitive and productive manner.

We exercise how to build a relationship from representatives of other cultures and how to overcome resultant prejudices and fears. Depending upon the cultures involved, we work out facts and figures, as well as sharing our perceptions through participatory sessions.

For groups with diverse backgrounds I provide my workshop activity 'The Door©'. In this original, unique, entertaining and didactic exercise you gain insight into what it means to feel a stranger. This new awareness will enable you to develop empathy and sympathy.

The workshop includes a briefing and debriefing providing conclusive solutions for you. It is suitable for both individuals and groups who have not, but will, be exposed to diversity in their lives or work, including those who may have possibly had negative experiences.

In the course of the workshop you will not only become prepared for challenging working situations, but will shift the borders of your own existence. You will gain new freedom, the freedom from prejudice. As such, you will take away knowledge on these topics:

- Script including facts and figures
- Insight into the country/countries of origin
- Toolbox for intercultural communication
- Diversity training
- FAQs and their answers
- Diplomatic guidelines



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INDIVIDUAL COACHING/ TEAM TRAINING

The topic of social inclusion is an especially sensitive and relevant one, thus diplomatic approach and a careful analysis of the particular situation are key. The individual coaching comprises:

- Briefing with you and/or your team prior to the coaching
- Background information on the countries and cultures of origin
- Change in perspective on your culture
- Strategies and solutions for your challenges
- Diplomacy guidelines
- Relationship management consulting

Throughout the process and the different stages I am there for you with advice, supervision and established networks to ensure your success.

Workshops and coaching are held in English, German, French, Spanish, Russian or Bulgarian.